NYAMA MAMA

MONDAY TO THURSDAY - 7AM TO 11PM | FRIDAY & SATURDAY - 9AM TO 2AM
SUNDAY BRUNCH 12PM TO 4PM | ALA-CARTE MENU 5PM TO 11PM

SMALL PLATES

Vegetarian
Vegetable samosa with mint yoghurt (4pcs) 350
Mashed cassava balls with mama’s pili pili sauce (4pcs) 350
Ugali fries with garlic sauce (8pcs) 350
Ugali pizza, smoky tomato dhania sauce and mixed cheese 650
Add Vegetarian - Avocado & mushroom 200
  Non vegetarian - Braised beef 200  Seared chicken 200

Non vegetarian
Crispy fried spicy coconut calamari with smoky mayo 850
Beef samosas with pineapple chutney (4pcs) 450
Kitengela Ostrich springrolls with sweet tamarind chutney (3pcs) 1000
Chicken wings - Honey pepper sauce or crispy fried (8pcs) 950

SALADS

Vegetarian
Mama’s organic salad, lettuce, tomato, cucumber, peppers, fried chapatti 450
Kale Caesar, young kale, red radish, cherry tomatoes, and brioche croutons 600
Samburu water melon and avocado salad 600
Fresh mozzarella and tomato salad, with balsamic reduction 600
Add Vegetarian - Grilled halloumi cheese 200  Feta cheese 200  Mango 100
  Non vegetarian - Grilled chicken 200  Prawns 700  Beef 200

FROM OUR SOUPS POT

Vegetarian
Ask your server for the day’s special 400
Non vegetarian
Anis maasai muteta infused spicy beef broth 450

CHAPATTI WRAPS

Served with a choice of hand cut fries, masala chips or Kenyan green salad
Vegetarian
Chick peas and peanut butter croquettes with hummus spread and tomato salsa 650
Slow cooked paneer in tusker with mushroom chapatti parcel 700
Marinated tofu and kachumbari with charred pineapple and coconut spread 700
Grilled haloumi, sumac onions and sukuma wiki 700

Non vegetarian
Seared chicken tikka with sweet mango chutney and kachumbari wrap 700
Braised pulled pork with sweet pepper and pineapple spread 800

SANDWICHES

Non vegetarian
Molo lamb koftas sub Fried lamb kofta, chipotle tomato relish and fresh coriander 1000
Grilled beef steaks, mild cheddar & caramelized onion jam sandwich 1100

CHAPATTI QUESADILLAS

Vegetarian
Served with kachumbari and guacamole and a choice of hand cut fries, masala chips or Kenyan green salad 650
Add - Braised Beef 200  Pulled Chicken 200  Pulled pork 200
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HAND CRAFTED MAMA’S BURGERS
Served with a choice of hand cut fries, masala chips or Kenyan green salad

Vegetarian
Grilled piri piri halloumi burger  Red pepper pesto, spicy mushroom, herb roasted tomato  1100
Crispy fried lentil and sweetcorn burger  Chickpeas, lentil & peanut pattie, kachumbari, mint yoghurt spread  1100

Non vegetarian
Smokehouse burger  Beef patty, crispy bacon, cheddar, BBQ sauce and crispy fried onion rings  1200
Molo lamb and feta cheese burger  1300
Grilled chicken burger  Smoky mayo, mild cheddar, pineapple chutney and caramelized onion jam  1100

FROM MAMA’S JIKO

Non vegetarian
Pork (250 gms) 1350  Pork (500gms) 2500
Lamb (300 gms) 1500  Goat (300 gms) 1300

Glazed half rack of BBQ ribs
Served with a choice of sautéed sweet corn or mugimbo or lemon garlic chips or garden green salad
JD glazed half BBQ chicken with sautéed arrowroot & sweet potato  1400
Buttermilk fried chicken breast with mashed potato and southern comfort sauce  1150
Saffron poached tilapia fillet with tomato dhania and creamy coconut brown ugali  1100
Watamu grilled lobster, garlic & chili tossed broccoli  3000
Charred ostrich mshikaki, garlic wilted spinach and herb ugali  2000

CHARCOAL FIRED AGED STEAKS

Non vegetarian
Served with creamy mash and grilled tender stem broccoli
T-bone steak 350 gms  3500
Rib-eye 300 gms  3500
New York strip 250 gms  3000
Grilled beef tenderloin 250 gms  1500
Lamb chops 250 gms  2700
Charred pork cutlet 250 gms  1800
Grilled prawn 180 gms  2500
Choice of sauces - mushroom, pepper, onion herb gravy, mint, tree tomato

MAMA’S STEW POT
Served with a choice of steamed rice, chapatti or traditional ugali
Vegetarian
Coconut chick peas and mahamri  600
Char-grilled githeri with avocado and kachumbari  600
Mama’s summer vegetable matoke in rich peanut sauce  600

Non vegetarian
Hearty chicken dhania stew boneless chicken in tomatoes and coriander  1150
Lamb tumbukiza braised lamb shank in Kenyan flavors  1150
Goat curry  900
Spicy traditional fried matumbo with bao bread  650

All meats are weighed at raw grammage
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SHARING PLATES

Non vegetarian
Served with sautéed baby potatoes or seasonal vegetables and a choice of sauce

Whole chopped roasted chicken Choice of chimichuri marinade, BBQ sauce glazed 2500
Oven baked whole tilapia with roasted tomato and dhania salsa 2200
Mama’s choma platter Pork ribs, chicken, boerwore sausage, goat ribs, halloumi skewer 3700
Mbuzi choma Roasted goat leg 3500
Ribs, Ribs, Ribs Pork, lamb, goat 3500
Kuku wa kupaka Swahili style chicken in tomato and coconut sauce 2800

SIDES

Kachumbari salad 100
Seasonal vegetables 150
Sautéed sukuma wiki 150
Buttered terere & managu 150
Mukimo 250
Fried plantains 250
Traditional ugali 150
Steamed coconut rice 250
Vegetable biriyani 250
Hand cut chips 250
Masala chips 300
Chapatti white/brown 150

HOMEMADE SAUCES

Garlic sauce
Mama’s pili pili sauce
Pineapple chutney
Mint yoghurt
Jack Daniels BBQ sauce
Smoky mayo
Tangy tamarind sauce

DESSERTS

Kenyan fruit bowl with honeyed yoghurt 350
Thika pineapple crumble with Kenyan coffee ice cream 450
Baked oreo cheese cake, fresh berry coulis crisp tuille, chocolate ice cream 500
Mama’s baked mandazi with warm custard topped with chai ice cream 400
Molten lava chocolate cake with salted caramel ice cream 500
Choice of ice cream (2 scoops) Vanilla bean, chocolate or coffee ice cream 350
Mama’s malva pudding with one scoop of vanilla ice cream 500